





Tri for Tots 20 yards **Novice** 25 yards 100 yards Comp. 6-10 Comp. 11-14 200 yards

Tri for Tots .25 mile Novice **1.25 miles** Comp. 6-10 2 miles Comp. 11-14 4 miles

Tri for Tots .25 mile Novice .53 mile Comp. 6-10 1 mile Comp. 11-14 2 miles

June 21, 2014 | Blue Springs Family YMCA

Body marking from 6:15-7 a.m.

1300 SE Adams Dairy PKWY, Blue Springs, MO

Thanks to Blue Springs HyVee's sponsorship, we now have reduced registration fees!

Tri for Tots (ages 4 + who need help during the event) — \$15 registration fee Participants 4+ years old who need an assisted device during the race. Swimming will be in the indoor warm water pool at the YMCA and participants may use flotation device. Participants may use training wheels or big wheel (non-motorized) for bike portion and parent/guardian may run with the participant in the running portion.



Novice (ages 6-10) and Competitive Divisions (ages 6-10 and 11-14) — \$25 registration fee

Swimming will be in the indoor lap pool at the YMCA. Start times will be provided at packet pick up and are based on the approximate time to complete the swim distance. **Novice** – For participants new to triathlons or not able to safely do the competitive distances. **Competitive** – For participants who can safely do the distance. Trophies will be awarded for the top 3 males and top 3 females for the Comp. 6-10 and Comp. 11-14 age divisions.

Triathlon Training — \$45 includes Kids Triathlon registration Kids ages 6-14 can prepare for the triathlon at the Blue Springs Family YMCA. This 8-week program concentrates on all aspects of the triathlon. Training will be on Tuesdays & Thursdays beginning at 6 p.m. from April 21-June 14. Triathlon training only is offered for \$30.

Register today at www.bluespringsgov.com/kidstriathlon or call (816) 228-0137. Shirts and finishing medals guaranteed if registered by 6/7/14. Registration closes 6/18/14 or when race is full.

Triathlon Details

The events begin at 7:30 a.m. Each participant must have their body marked on event site with appropriate number (matching bib) by 7 a.m. Participant equipment and clothing must be placed in appropriate transition area prior to the event start. Participant bicycle drop-off will be from 6:15-7 a.m.

There will be an optional Participant Informational Meeting on Friday, June 20 at 7 p.m. at Blue Springs South High School.

Packet Pickup

Wednesday-Friday, June 18-20 from 8 a.m. to 4 p.m. at Blue Springs City Hall, Parks & Recreation counter. Friday, June 20 from 6-8 p.m. in the Blue Springs South High School track.

Race Day Check-in/Body Marking

Race day check-in will be at the Blue Springs YMCA. Race chips for timing will be available at check-in outside main entrance to the YMCA. Triathlon tattoos will be provided at packet pick up and used for body marking.

Race Course

Swimming will be in the pool at the Blue Springs YMCA, biking will be on Adams Dairy Parkway (closed for the event) and running will be through the campus of Blue Springs South High School and adjacent Young Park.

Required Equipment

Participants must provide their own swim suit, goggles, towels, running shoes, socks, running clothes, bicycle and bike helmet. Participants will not be able to compete without proper attire or safety equipment. Parents/Guardians are required to be onsite during the entire event.

Refunds

This event will not be rescheduled in the case of inclement weather. Refunds will not be provided if the event is cancelled or a participant does or cannot compete after registration is paid. Proceeds from this event support the Kids Triathlon program.

Registration

Register by mail or in person at Blue Springs Parks & Recreation, 903 W. Main Street, Blue Springs, MO 64015. For more information, call (816) 228-0137. Checks to be made out to City of Blue Springs Parks & Recreation Department. Register online at www.bluespringsgov.com/kidstriathlon.

Awards

Each participant will receive a finishing medal. Trophies will be awarded for the top 3 males and females in each competitive age division only.

Entry Form					
					□ male □ female
Participant First Name	Participant Last Name City		Participant Age Day of Event		_ = .ea.e
Street Address			State ZIP Code		Code
Phone Number		Email Address			
My child will be participating in :	 □ Ages 4-5, Tri for Tots \$15 □ Ages 6-10, Competitive Division \$25 □ Triathlon Training & Kids Triathlon \$45 		☐ Ages 6-10, Novice \$25 ☐ Ages 11-14 Competitive Division \$25 (Please check which category your child will be competing in)		
Tshirt Size: (no guarantee after 6/7/14)	☐ Youth Small☐ Adult Small☐	☐ Youth Medium☐ Adult Medium	☐ Youth Large ☐ Adult Large	☐ Adult X-Lar	ge
My child's swimming ability is	☐ Beginner	☐ Intermediate	☐ Advanced		
WAIVER: I know that participating in a triat	hlon (combination of swir	nming in a pool, bicycling and	d running in a road race) is a	potentially hazardous	s activity

WAIVER: I know that participating in a triathlon (combination of swimming in a pool, bicycling and running in a road race) is a potentially hazardous activity for my child. I should not enter my child or let him/her participate unless he/she is medically able and properly trained. I agree to abide by any decision of a race official relative to my child's ability to safely complete the triathlon. I assume all risks associated with my child participating in this event, including, but not limited to tripping and falling, contact with other participants, the effects of weather, traffic and the conditions of the road, all such risks being known and appreciated to me. Having read this waiver and knowing these facts and in consideration of acceptance of my child's entry, I, for my child and anyone entitled to act on my child's behalf, waive and release the Blue Springs Kids Triathlon, StandUp Blue Springs, the City of Blue Springs, Missouri, The Blue Springs R-IV School District, YMCA of Greater Kansas City, all sponsors, contractors, and volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my child's participation in this event even though that liability may arise out of negligence or carelessness on the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of the event for any legitimate purpose. I also understand that my child's entry fee is non-refundable. As the parent of my child, who is under 18 years of age, I certify that my child has permission to compete in the event, is in good physical condition and the event officials may authorize necessary medical treatment.

Parent/Guardian Signature Date